Life Education Center
Pledge for Life Partnership

***For the 2025-2026 school year, the LEC Educators will be providing copies for this post activity when they visit your class.**

Kindergarten
Life Education Center

<u>Illinois Learning Standards for Physical Development and Health</u>
State Goals 22.A.1b and 1c; 22.D.1a; 23.A.1a; 23.B.1a; 24.A.1a; 24.B.1a
<u>Illinois Learning Standards for Social-Emotional Development</u>
State Goals 1A.1a and 1b; 2A.1b; 2C.1a nd 1b; 2D.1b, 3B.1b

Activity – "Healthy Like Harold"

After your students' Life Education Center lesson:

<u>Knowledge</u>

- Students will state ways to stay healthy physically and emotionally.

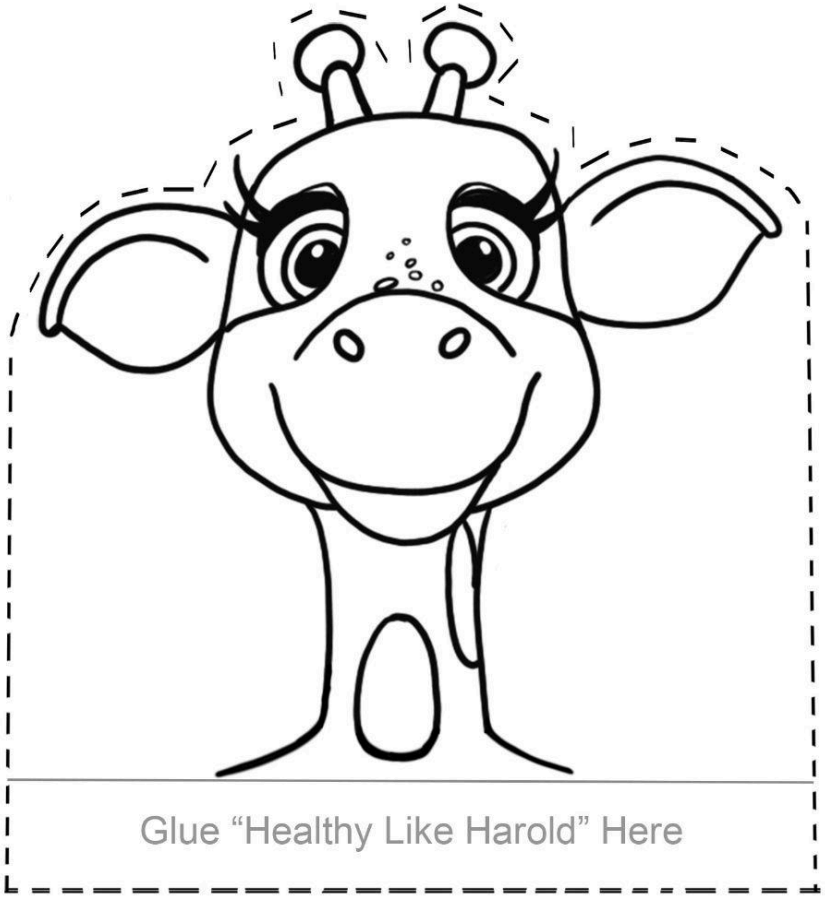
<u>Application</u>

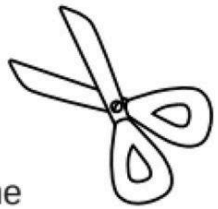
- Students create a Healthy Like Harold Accordion Banner with ways to stay healthy.

- Students present their Healthy Like Harold to others, explaining how to live healthy.

<u>Extended Activity</u>

- The teacher will send the students' Healthy Like Harold home with them to share with their families.





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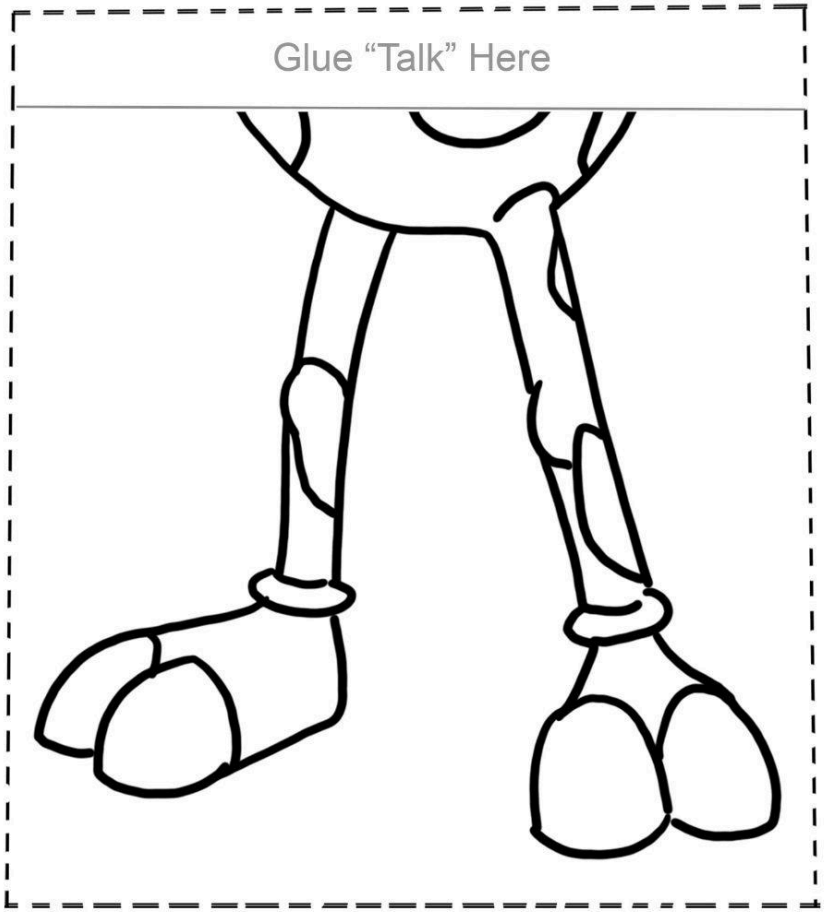

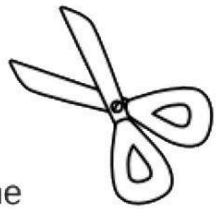

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