

Your teen
has info
about
underage
drinking
from their
friends.



Meaningful
Moments

Now, it's time for them to hear from you. **Talk with your teen about not using alcohol underage.**

Ask what their friends and peers have said about underage alcohol use. Encourage your teen to feel empowered to think for themselves, form their own opinions, and make decisions. **Make sure your teen knows you trust them.** Ask them to share a time they made a tough decision they were proud of afterward.

Ask what *they* think!

1. *How* does using alcohol underage affect your decisions?
2. *How* would underage alcohol use make you feel?
3. *How* could underage alcohol use affect the people around you?

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www.niaaa.nih.gov/publications/brochures-and-fact-sheets/underage-drinking



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