

Earbuds
out.

Phone
down.

T.V. on
mute.



Meaningful
Moments

It takes focus to talk to your teen about things that matter, such as avoiding underage alcohol use. **Be intentional.** Stop what you're doing and listen to your teen. Brainstorm moments you can talk with your teen about not drinking underage:

1. _____
2. _____
3. _____

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www.oasasn.org/publications/brochures-and-fact-sheets/underage-drinking



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