



**Be open, honest,
and straightforward.**

**Meaningful
Moments**

When you **talk to your teen about underage alcohol use**, it's important for your teen to know you disapprove. Have an **honest conversation** with your teen. Below are some ways to help you start.

Circle the one that might work best with your teen:

1. *Share* some facts you learned recently about underage alcohol use.

2. *Explain* some of the ways underage alcohol use could affect their goals.

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www.niaaa.nih.gov/publications/brochures-and-fact-sheets/underage-drinking



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