

***For the 2025-2026 school year, the LEC Educators will be providing copies for this post activity when they visit**



Life Education Center
Pledge for Life Partnership



Fourth Grade Life Education Center

Illinois Learning Standards for Physical Development and Health
State Goals 22.A.2b; 22.B.2a; 23.A.2a; 23.B.2a; 24.A.2b; 24.C.2a
Illinois Learning Standards for Social-Emotional Development
State Goals 1B.2b; 2B.2b; 2D.2a

Activity – “Body Systems Game”

After your students’ Life Education Center lesson:

Knowledge

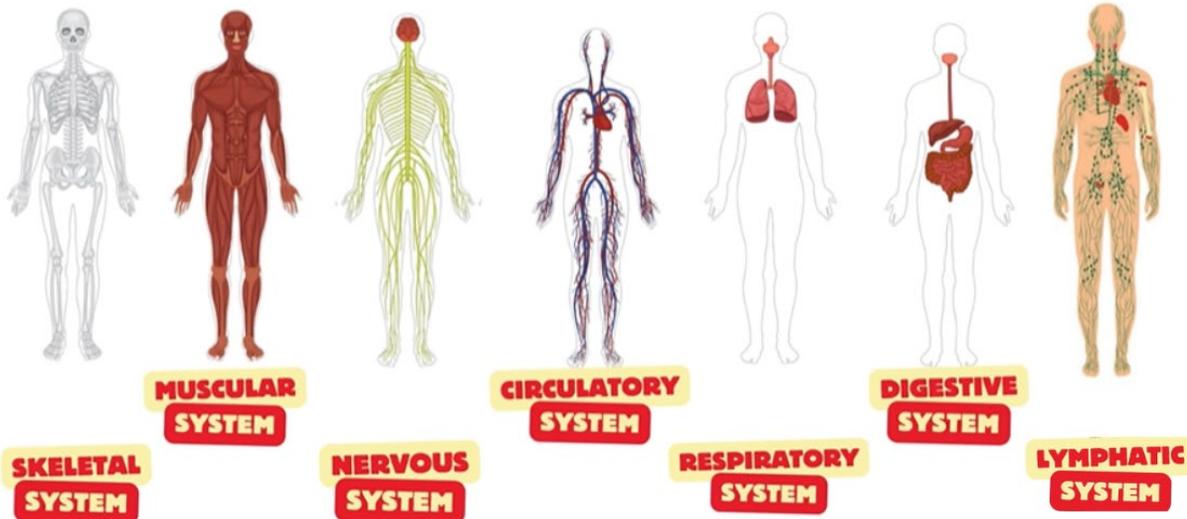
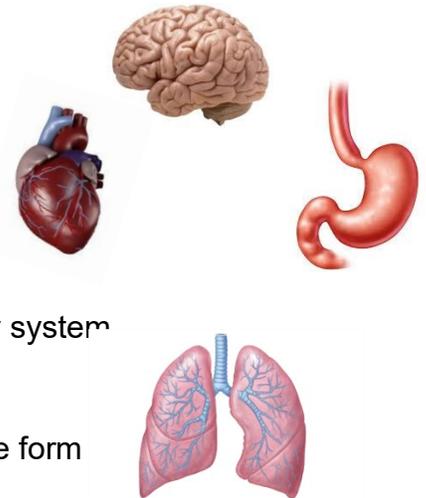
- Students will state the basic body systems.
- Students will state the main function of each basic body system

Application

- Students will create a Body Systems Game by using the form

Communication

- Students will share the Flip-Flop Body Game with others.



Body Systems Game

Digestive System

Respiratory System

What does the digestive system do for your body?

Process food

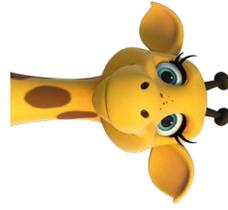
Answer:

Question:

Name one way to keep your lungs healthy?

Don't smoke, exercise,

Answer:



Question:

Answer:

Blood

What does the circulatory system move through the body?

Question:

Question:

Answer:

Spinal cord

What is the name of the cord that your brain is attached to?

Circulatory System

Nervous System

Here's a fun way to learn about your body and quiz your friends and family. Add a question about each body system to every quadrant before folding to make the game. Folding directions are on the next page.

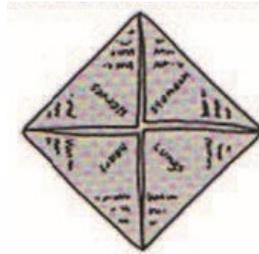
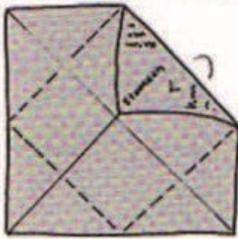
Body Systems Game

To Make:

1. Fold paper along diagonals.



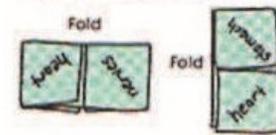
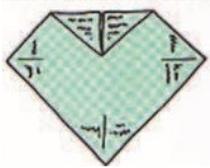
2. Turn page over (so writing is on back) and fold all four corners to the center.



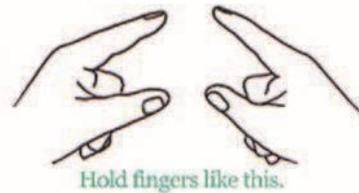
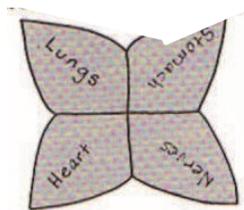
3. Turn over again (so flaps are down).

Fold the four corners to the center again.

Fold in half and squeeze corners together to the center.



4. Open out the flaps. Put one finger or thumb in each of the four compartments.



To Use:

Ask a friend to choose one of the four body systems and spell it out. As you say each letter open the game first vertically, then horizontally. Stop and open on the last letter.

Ask your friend one of the four thoughts inside.

Lift the flap to see if they are correct. If they are, they get another turn.