



***For the 2025-2026 school year, the LEC Educators will be providing copies for this post activity when they visit your class.**

Fifth Grade Life Education Center

Illinois Learning Standards for Physical Development and Health
State Goals 22.A.2b and 2c; 22.B.2a; 23.B.2a; 24.A.2b; 24.C.2a
Illinois Learning Standards for Social-Emotional Development
State Goals 1A.2b; 1B.2b; 3A.2a; 3B.2b

Activity – “Refusal Skill Comic Strip”

After your students’ Life Education Center lesson:

Knowledge

- Students will give an example of a refusal skill strategy they would use.

Application

- Students will complete three different scenarios and create a comic strip using the refusal skills provided.

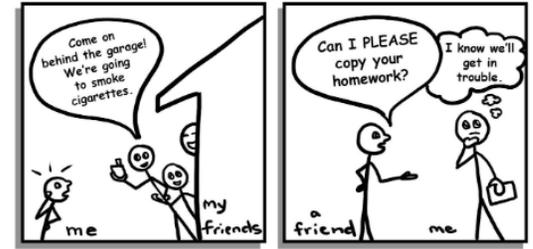
Communication

- Students will share their refusal skill comic strip with others.



Wise Highs Refusal Skills Comic Strip

Directions: Write and illustrate the three comic strip scenarios started below. Make sure to include refusal skills (see back side). When finished, you will have three of your own Wise Highs refusal skills comic strips.



<p>Come on, let me copy your homework. We won't get caught!</p>		
<p>Try this vape. It's awesome!</p>		
<p>Let' take that kids bike!</p>		

Refusal Skills



1. **Ask Questions**

“What?”

“Why?”

2. **Identify**

Body Consequences

Friends and Family Consequences

Laws and Rules Consequences

3. **Suggest and Alternative**

“Instead why don’t we...”

4. **Get Away**

“If you change your mind, I’ll be....”

5. **Talk to an Adult**

Who can you talk to?